

- 1. If scoop neck top, fold in half and match shoulder and underarm seams and mark the center with a pin. The label is not always in the center. On a V neck, use the center of the V.
- 2. Iron on a HARD surface; you can use your ironing board for a work station, but you still need to iron on a hard surface like a clean cutting board or piece of wood.
- 3. Remove the white backing and place the sticky backed design at the desired location. You can move the design several times to make sure it is centered correctly on your garment.
- 4. Set your iron to medium or wool! NO STEAM!
- 5. Place a Teflon sheet or pressing cloth on the inside of your garment and another Teflon sheet on the top. Hold the iron in place for about 40 seconds. Do not move the iron back and forth. Move the iron over the whole design until everything has been heated. Then take a cloth or towel and press down on the design to help the glue penetrate the fabric.
- 6. Let the design cool to the touch before removing plastic film. Watch the plastic, not the fabric as you remove the plastic. If one of the crystals or rhinestuds didn't stick to the fabric, it will still be on the plastic. Simply put the plastic back down and re-heat. One of the holes in your steam iron was over the stud and didn't heat it properly.
- 7. Turn your garment inside out and press again using both Teflon sheets.
- 8. After the design is cool, run your fingernails over the design to make sure everything has adhered.

Laundering Instructions

Simply turn the garment inside out and wash in cool water on gentle cycle. If you choose to put it in the dryer, do so with the garment still inside out and remove after about 5 minutes and hang to dry.